Blessings Here and Now

JOHN MORTON

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John Morton

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Manifesting the blessings
is not really anything that is complicated
or even difficult.
Clear out what is not serving you
or no longer actively being utilized.
Give and share joyously.
Receive graciously.
Make amends.
Adorn yourself first with inner beauty
so the outer beauty may benefit
from your best intentions.
Contribute more than you take.
Make each place you find yourself
better than you found it.
Be an abundant source of good tidings
to and from God.
In short, let go and let God.

John Morton

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Foreword

What does blessing mean for you? I find it very simple. Greater good. I also consider it's important that you realize continuously as much as you can that you are a choice machine. I don't often say that. I don't know if I've ever said that before, but maybe that's for somebody here to relate to blessings as a choice machine.

So it can be a mechanistic response, not something you necessarily connect to as understanding or even that you would consciously agree. So you don't have to completely agree with what it is to partake in it. But there's also an opportunity to extend your vote, your choice, so that you're consciously looking for the blessings.

I consider that something fairly simple, easy, for all of us to do. And I supposed we're all dealing with some degree of blindness, some recognizable, some not. But even if we're blind, we can look. We can seek. And this is very important with the blessings. It's the gigantic key that is always present if you want to partake more in the greater good.

I would consider that it's not our correct mind, it's not our correct self, that would say, "I don't want greater good." That's something that's probably registering, "I'm disturbed. I'm upset. I'm lost," or something along those lines. And in my reactive state, I claim falsely that I don't want greater good.

So when we're in our correct state, we do want it and to exercise that choice. So take this opportunity to look for the good, to claim it, seek it, and this will serve you well in your life for greater good and understanding and knowing the blessings.

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Finding the Blessings

Bring to mind a situation that is challenging, difficult or painful. Why do we do such a thing? Why do we look on the negative if we're looking at the blessing?

Because we're mining. We're going after those blessings where we haven't really considered they are. So often the places that are difficult, painful, are places that we've closed ourselves off to in some form of denial or judgment, or just plain closed off. And the energy that is there for us as a blessing is closed off and restricted. And that's why it hurts. But consider that when something hurts, it's asking and perhaps demanding for the blessing to be released. And that your awareness is a key to releasing the blessing by bringing your awareness to the pain, the difficulty, whatever it is.

Here's a key --- what we already have is the blessings. So any desire that would say to us that we need to get out of this situation or else, or something like that, isn't really fully understanding or appreciating the blessings that are present. And yes, blessings are greater good. So even if the outer situation, whatever that is, does not change, maybe it gets worse in how you experience it, then you still can call upon that ability within you. Whether it be wisdom, some form of creativity that you utilize what is present for greater good.

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Receiving the Blessings

I want to offer you this blessing that whatever it is you have in mind that you would like blessed right now, it is blessed because it was blessed from the beginning. It's always been blessed and that means it will always be blessed.

So of course in that way "What do we have to do in order to partake and receive in the blessings?"

Maybe we just get into a place where we can receive the blessings.

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Realizing Goodness

Here's one of my favorite questions, "Have you ever had a moment when you looked upon life and you realized it's good? Not except, entirely good?"

Have you ever had one of those moments where whatever you could consider or look upon the goodness was also apparent to you? You were experiencing the goodness?

What I'd like to suggest to you is that that's the truth of the goodness. It is fully present all the time when we are attuned to it. With the attunement, with the consciousness of the Spirit, yes. Now we're talking about degrees, that there are degrees of good. We happen to go for the highest good, the greatest good. That's our intention. And we claim it in the Movement of Spiritual Inner Awareness because it's available. It is present so that we all are creators who can choose the very best, the very highest good. It's our choice if we make that our intention. We can choose the blessings.

So I invite you to make that movement right now. However you do that, that it is your volition. It's your choice inside to align with the blessings, to align with the good. Not just some of the good or some of the blessings, but all of them, to align yourself completely.

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Going for Greater Blessings

Let's go toward the greater blessings. So how do we bless a situation?

What I would like you to consider, if you didn't already consider this and that's why I offered it that way, is that there is a source of blessings that we can appeal to. Blessings come from someplace, some great warehouse or manufacturer of blessings. And the kind that I find for my consciousness is I find them to be Divine-ordered. They're coming from a Divine source, whatever you call that Divine source. I mean, the most simple, obvious name is God. That that's where blessings come from.

If we want a situation to be blessed, it's important to consider that sometimes it's a matter of asking for the blessing. Put in a request. Put in an order. "God, would you please bless this situation?"
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Another way of looking at that is praying or worship. To me it's regardless of your religious order, denomination, or whether you even practice religion if you just look at yourself as having a Divine source to go to request blessing.

There's a scripture in the Bible that says, "We receive not because we ask not." Remember that? I think that's very important to consider that there's truth there. That sometimes the reasons situations perpetuate themselves in a negative, problematic way is because we don't have the wit to ask for a blessing. If we really tracked ourself in how we respond to it, we'd often find, "Oh you know what? I've been cursing that situation. I've been saying, "God _____," you know whatever comes after that. And or that's simply been our attitude towards it. "This is a curse. This is awful. This is a tragedy. This is the worst thing. This is a pain in my neck. This is a thorn in my side." That's how we refer to it. That's how we talk to other people about it.

If you consider yourself as somebody who is a creator, and I consider all of us a creator, then how are we responding to life? If certain situations do cause us, however they do, to react negatively, and in effect, curse ourselves and curse the situation, sometimes literally we'll hear ourselves do it. "Is that what you want?" would be the simple question.

You have a choice. You can bless the situation. You can curse the situation. What's your preference?

If you say, "I want to bless the situation," then why are you responding as though this is a curse? Why are you identifying it as a curse? So it's very important to have yourself geared as you go about your day to look first for the blessing.

What's the blessing in the situation? And literally ask yourself that question. And sometimes we need to take a break, especially when you find you're at your worst. That's not a time to really get involved and to make wonderful things go on because if we're at our worst, it's a time to disengage ourself because right now we're not handling this well.

So one of the ways we put it is have the wit to let it go when it's not working. Back off. Walk away. Turn so that you don't curse the situation. You don't let epitaphs and whatever else comes out where you regret what you said or what you did. You stop yourself from that track. So that's part of it.

Part of what we can ask for is a blessing of that in our consciousness. "God, Lord," however you say that to yourself, "Can you help me lift this anger, this frustration, this disappointment, this sadness, whatever that is?" Just ask for it to be lifted in some way. "Can you help me understand what this situation is? "Can you help me understand why you brought this to me?"

You can get personal with God and maybe the answer will be, "Well, because you did it to yourself. I didn't really bring that to you. You created that." That acknowledgement of our being responsible for what we create is a great big step in blessing the situation.

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Claiming the Blessings

What if God's blessings pour forth to such a degree that we cannot contain them, that our cup overflows?

Consider that the blessings are pouring forth all the time. In our limitations, we may not recognize the blessings. We may not understand or comprehend.

Remember, too, that as we claim the blessings, we will be given what we can handle and as much as we can handle. So be prepared to find out how you may limit the blessings and how you also have choices that release and diminish those limitations.

Baruch Bashan
The Blessings Already Are

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Blessing of Opening to Greater Blessings

Father, Mother, God we give thanks for Your blessings.
We do fully claim whatever You bring to us for ourselves,
for one another, for all of Your creation.
That we can behold what is Your purpose
and Your will being done.
And we ask for greater blessings.
We open ourselves up to the greatest blessings
that are for our highest good to receive at this time.
And as Your instruments of divine action,
we do call this forward for ourselves in love and Light and joy,
so we can behold ourselves in this world.
That this is a world of peace and harmony.
And wherever that needs to be restored
in the hearts and consciousness of each one,
in our relationships, in all the various dimensions
and all the various cultures,
let us see a vision right here and now
that we can behold and know it is done.

Baruch Bashan

Blessing for Beginning the Day

Lord God, we ask that You bless each one of us right now.
You know what's in our heart.
You know our situation perfectly.
We're simply present and available to Your help
and to whatever You can do to assist us
to lift any pain or disturbance
and to guide us into the answers that would best serve our situations.

Bless this day, wherever we go forward
and whatever is coming to us,
so everything takes place with ease and grace.
If there are challenges and difficulties,
we know immediately that You are with us
and that You comfort us in our pain.
You lead us in how to serve others.
We make every situation in which we find ourselves better and better
by bringing forward Your blessing.
So be it.

Baruch Bashan

Living in Grace Retreat
Monterey, California
June 9, 2000

Blessing of Peace and Restoration

Lord, we welcome in Your presence,
in the ways that that come forward
that are the Christ and Holy Spirit,
that we can behold Your peace.
We take it in personally right now,
into every cell of our body.
We are in harmony,
and we vibrate that harmony to all.
We can see it is as a light that is beautiful white,
like a fountain going up from the center of the earth,
its water and light cascading everywhere,
renewing the planet, the people, the animals,
and everything upon the planet
so that we see beautiful harmony, peace and understanding.
We see water and land that is restored.
We see a sky that is clear.
Everywhere we look we see happiness.
We see joy.
We see friendship.

And if we can see it right now,
by the power that is Your blessing, it is done.

Baruch Bashan

MSIA Seminar & Book Event
Mexico City
April, 2012

Blessing of Our Divinity

Lord God, we welcome in Your Presence,
that You come here with all of us gathered,
including whoever comes into this at a later time.
We are open to receive in our spiritual heart.
We invite You and welcome You,
calling You forward for the highest good of all concerned.

We do this through the Christ and the Holy Spirit,
so that we may receive fully in Your blessings.
Right now, You know what is in our heart
and whatever we have placed in the way.

You know our judgments, our disturbances,
whatever we have taken on as disease or illness.
We offer that up by coming into Your presence,
Your light, Your love, Your strength, Your power.
We can let go, releasing any form of negativity.

We call forward the learning and the growth we need.
We also call forward our patience,
our acceptance, our cooperation.
We seek Your understanding
so we may know the divine purpose at all times,
regardless of the conditions that are present,
and so we may become those who express Your wisdom
and live in Your grace.

Fill our vision with this blessing,
that we may see what You have prepared
and what has been awaiting us coming into this moment.

We are blessed, and we are loved because we are divine.
You reveal that divinity to us now
so we can see the forgiveness of all.
We see also that as we give forgiveness,
in that way it is given to us.

We choose to love all as You love all and show us the way.
In our own way, we are willing to change
and become the consciousness of light and love.
Let this become solid within our heart,
with the certainty of our Soul that we claim it in full,
knowing that we also walk in faith.
We will be tested in this world.
And as we are certain in this faith and patient in Your ways,
we know we will triumph.

We declare it is done.
Asi sea.

Baruch Bashan

MSIA Seminar & Book Event
Mexico City
April, 2012

Blessing of the Grace of God

Right now, in your own way and our way together
we ask God for a blessing.
We ask this blessing to touch to each one of us
to make this a place of God's blessing,
this city, this world and that it goes out as a blessing of all.
We are open to a blessing of all.
If there is a particular way you would like to be blessed,
that you offer that up first in God's will.
We honor that will.

In our wisdom we know God's will is perfect,
even when we forget, when we don't understand.
There's a deeper understanding that knows God's business has mysteries
and we give our patience and our openness to those mysteries.
We allow the blessing of time so that we can be healed of whatever needs healing.
We ask God to extend the blessing to all those who want or need healing.

Let's extend this blessing as a possibility so that we may now see fulfillment
of whatever is needed for anyone and any situation
for the highest good of all concerned so that whatever is needed is taking place.
We are allowing fulfillment of every need.
We are cooperating with God's will being done.

And now take a moment to be filled in the Grace of God
that is with you and all of us together.
Grace lets us know we can be thankful for what good is right here and now.
We give up an offering of our thanks,
knowing that our true nature is caring and loving.
And so it is.

Baruch Bashan

Yale University Book Signing
New Haven, Connecticut
September 20, 2000

Blessing of Freedom in the Lord

Lord God, into the Traveler consciousness we place ourself.
May we give ourself fully and freely in this moment,
once again taking on our sacred oath that was declared in spirit,
that You know us and we know You.

We ask for Your strength and Your courage
that we can go forward doing all that You have prepared for us
with ease and grace as that is Your way.

We accept Your blessing of fulfillment,
knowing that we go free in Your love and light and sound.

Baruch Bashan

Ministers & Initiates Q&A
New York City
May 14, 2000

Blessing and Meditation for Trusting the Lord

Dear Lord, we ask for Your light and love
as we do a little contact with our loving nature.

Take a deep breath in.
Notice how you can trust your breath.
It's not something you have to hesitate about.
It's not something you have to resist or fight.
So breathe in and breathe out freely.
If you want to breathe in deeply,
so you're more at ease and more relaxed,
do that now.

Locate your trust now.
Your trust in yourself that whatever comes forward to look upon.
You have the ability, the strength, and the honesty to look clearly and,
openly.

You have nothing to fear.
Whatever reveals itself as the truth is your friend.
Whatever reveals itself as the illusion, that's part of clarifying the truth.

The truth that releases the illusion is your friend.
To know what is true and what is not true is liberation.

Regardless of what is revealed, even if you don't know,
you can find trust and faith in yourself and the Lord
that you will handle whatever is given to you.
There's freedom in exercising your trust and your faith in the Lord.

Baruch Bashan

Passover Workshop
Los Angeles, California
April 3, 1999

Blessing of Celebrating the Lord

Father-Mother-God, we give thanks to be in Your presence.
We are open to receive all of Your blessings.
We open ourselves in any way we can.
We are free to embrace Your love and breathe in Your peace.
We open our hearts with each breath.
We breathe in the glory of God,
and we let go of anything that is a distraction.
We feel Your touch upon our pain as You comfort us.
You lift those things that we do not know how to lift ourselves.

We give up our judgments so our minds and hearts are free.
We set all things free.
We are those who live in peace,
the peace that You established from the beginning.
We take in Your light, and we fill every cell.
We ask for Your healing so we are each lifted, cleansed and purified.

We are holding for Your Holy Spirit to walk amongst us.
For anyone who needs that extra touch,
we will gather around them in the power of love and renew ourself.
We are Your children,
and You restore our innocence and make us whole again.
We celebrate You.
We watch You lift into the heavens.
Those of us who can go, we go,
and those of us who remain know You are preparing a place.
All is perfect.

Baruch Bashan

Discourse Subscribers' Seminar
Santiago, Chile
April 11, 1999

Blessing of the Holy Spirit

Father, Mother, God, we give thanks for Your holy presence,
that we are allowed to come to you just as we are.
In our humanity we bring what is impure,
what is false, what is unclean, what is sick,
what is in any way decrepit or disturbed.
We ask that it be placed into the consciousness and light of the Holy Spirit.
We are here as the beloved of Christ,
that consciousness that is anointed of Your purity.
Truth is what we find in our liberation.
Loving is our way in all ways.

We partake in this blessing through surrender.
We let go of any intention to have control
so that we may trust in You.
We are letting go.
We are letting God.
We do it freely with all our body, mind and soul.
We reclaim ourselves into Your holy commandments
so we now love one another as the Christ loves us all.

Baruch Bashan

Discourse Subscribers' Seminar
Rio de Janeiro, Brazil
April 22, 1998

Blessing for Opening to God

From this moment on, this moment in your existence,
start your life new.
Take each moment as if it's the greatest moment.
It's the only moment.
It's the only moment you have to live.
It's the only moment you have to get what you came here for.
If that's joy and if that's love
and if that's more of what you want, whatever that is,
then are you open to doing whatever will create that for yourself?
Are you open?
Are you allowing the world or your own consciousness to close you off
to God?

The answer is yes, you are.
The miracle is no matter how much you close yourself off to God,
the opportunity is always present to open yourself to God.
It's always present. It's always here.
And God welcomes you.

Baruch Bashan

Open Seminar
Philadelphia, Pennsylvania
May 17, 1989

Blessing of Good Will

Lord, through Your beloved Jesus,
that one who has prepared our way through the Christ,
we do ask for understanding,
for Your presence, to be with us again.
We ask You to be anchored to us as a way of being and expression.
We breathe you in.
Lift from us, our doubts, our fears, again.
Let us come to You as Your children,
as those who gather with You in our innocence,
that we have been cleansed.
We have been clothed in what is clean and pure and beautiful.
You have prepared a beautiful place for us
where we feast and celebrate.
We gather as those who do love one another as You have loved us.
We remember You again now.

By our faith, we place our trust in You
and giving thanks
for all that You have done to prepare, to set the tone.
We put aside the clamoring and the confusion of the world
to be those who come in peace,
to have good will toward all,
to have a generosity of spirit,
a place at our table, a willing hand.
We give thanks for a beautiful place such as this,
that we gather in Your beloved Spirit.

Baruch Bashan

Easter Seminar
Santa Barbara, California
March 30, 1997

Blessing of the Sacred

Now let's bring our self into a quiet, into this sacred energy,
this sacred presence that's before us now
so that we can behold Him, behold what it is.
If it does come to us in any form recognizable,
that we do behold Him,
that we do pay homage.
That we would bow at the feet,
not that we are somehow inferior
but that we recognize the sacredness.

We each become a willing servant as a willpower,
an act of will and dedication,
knowing our life is Your life.
There's a sense of the Divine giving to us so powerfully
that we can't contain it.
As it rushes in,
it rushes out as a giving, as a presenting energy.
That yea, I have been with you.
I'm here to be with you ever more.
I'm the beloved Traveler.

Baruch Bashan

Discourse Subscribers' Seminar
Miami, Florida
February 8, 1998

Blessing of Clear Direction

Lord God, dearly Beloved,
as Your children gathered here before You,
we do ask that You bless us with Your loving embrace.
Each one of us can know right now that we are Your children.
You embrace us in love and caring.
We are cherished, and You forgive us for our errors,
for what we do not know or do not understand.
In this consciousness of the Christ,
the negativity, the burdens of this world
are all lifted and cleared away.
In the Christ, we can come and abide with You.
You have a place prepared for us, a place of beauty,
a place of sacredness that is sanctified of Your holy nature.
We breathe in this holy nature and we breathe it out.
We ask You to straighten us as you see fit.
We do trust and let go of our fears,
let go of our ways that move us astray, move us into darkness and pain.
We ask to awaken to the Spirit of the Divine,
the Holy Spirit so we are comforted once again,
knowing Your will is being done.
We are grateful for our life, such as it is,
and for this world, such as it is,
knowing we are not here to challenge it,
to fight, to struggle.
We are here to love and to be loved.
We choose this mission willingly once again.
We ask, in this holy night,
that You give birth to the Christ that we are initiated into,
that Consciousness that knows the Beloved.
Let us hear that still clear voice of direction,
the voice of truth, living and abiding in us each day.
We are guided into ever greater blessings.

Baruch Bashan

Christmas Eve Seminar
Santa Monica, California
December 24, 1997

Blessing for Parenting

Father-Mother God, the parent of us all,
we ask just now for Your perfect loving to fill, surround, and bless each one of us,
and those whom You have entrusted to us as our children.
We ask for Your grace just now
as we open our hearts to love You in ever greater ways.
We ask for the blessing of loving
that we may look upon ourselves and see the good,
the God, inside that is our intention.

We ask for compassion in the way we look upon our children
who have chosen to live among us here,
to allow them to learn and grow,
work and serve in this world.
We ask to love our children as we would love ourselves,
in the very best way, and more and more
to give to them the essence of our soul.
Help us, Lord, to strengthen the bridge we build
between the love we extend to our children
and the love they need to learn and grow.

On our journeys of growth and learning as parents,
bless those times when we have had doubts and judgments
or a sense of unworthiness.
Give us the strength to provide what these souls, in smaller bodies, can use from us.
We may have forgotten that we chose them and they chose us.
And that all took place in love and light and sound,
that no need was left out.
Nothing is lacking.
In God we trust.
What was freely chosen in joy,
has perhaps become what we would consider a burden.
So any responsibility we have doubted,
we can fulfill through our faith and trust in You.

Now, in this moment, as we take in a deep breath,
we come into a quiet place of loving and peace inside.
We open ourselves to use the power of forgiveness
to heal memories and reclaim our freedom and joy.
Just now we bring forward any judgments we may be holding
against ourselves, our children, or our spouses,
and offer them to You, Lord, in loving compassion.

We forgive ourselves for any judgments with our own parents.
And so we simply say, Lord,
"I forgive myself for forgetting the joy and gratitude
You awakened in me
when I first beheld my child.
Lord, I forgive myself for forgetting
that my child and I are divine
and perfect in Your sight,
regardless of what we do or do not do here in this world.
Lord, I forgive myself for judging myself
as unworthy to be a good parent.
I forgive myself for any way that I have judged myself
as withholding my loving
from You, from myself, from my child,
and from any other family members.
I forgive myself for mistaking the ego, the personality,
for the True Self."

And for those who are married and co-parenting,
"Lord, I forgive myself for judging my spouse, my partner,
as less than Your gift to me and our child.
Lord, I forgive myself for judging
my child as anything less than God's perfect gift to me.
Lord, I forgive myself for judging
that I am not the perfect parent for my child.
And above all, Lord, I forgive myself
for any way that I have blocked myself
from standing in Your Presence,
or forgetting that both my child and I are Your children. "

Now, just take a moment to journey back
to when you first beheld your child.
Gently allow your awareness to fill
with the radiance and purity of who they truly are.
Just let your awareness of the child—or the children you see—
move along through the days, the weeks, months,
and years of your child's life.
As you do that, invoke the presence, guidance, and protection
of the Beloved One who watches over us all.
Ask that there is a line of connection,
through all, in the light and sound,
to now follow your children for those days of their lives,
from the present, and all through time
as it is for the highest good of all concerned.
See the children all the way from when you first saw them,
so that you see them welcomed as an adult,
that they become who they truly are.
Envision the results of your parenting in God's name.
That whatever your needs are, to extend to them, it is done.
See that when you begin something with clear intention
and your very best participation,
Spirit completes the action in the child,
in yourself, so they will become all they are to become.

Know that all is well.
Even when you fall short of your expectations,
or whenever things occur in a way that you do not understand
or that you experience in pain—
surrender your expectations, surrender your hurts,
and all those things that would block
the love of who you are from your child.
Let yourself be healed of whatever has been a place of separation
so that only love is between you and your child.
Know that your child dwells in the place of God inside you,
so all your days are filled with joy
and knowing that your child is protected.

Experience the completeness in the loving,
past all understanding,
knowing God is the creator of understanding.
God is the One who knows all, forgives all, loves all.

As we leave this moment of inner meditation,
we bring forward a simple prayer:

Lord, let me know You better through my child.
Let me love You better through my child.
Lord, let me do Your will in how I care for Your child
that You have entrusted to me.
Bring in a gentle reminder of this love,
the beauty of the soul.

Baruch Bashan

Parenting Class
Santa Monica, California
April 30, 1998

Blessing for Living Love

Let's bow our heads in prayer.
I say that posture for us just simply as a recognition
that the presence we are in is greater.
It's also a posture of looking inside
and considering who we are in this moment,
and that we do present ourself in humbleness,
that we do not come to take over.
We come to surrender.

Lord God, we ask for Your blessing,
to release us from our self-imposed restrictions,
to release us from our illusions from anything that would lead us astray.

We invite Your consciousness and presence into every cell,
to every thought, every feeling,
that we are open to being converted in the truth of God.
We breathe in Your Holy Spirit
as we are breathing in the consciousness of Living Love.
We are anointed of Your pure holy balm that restores every part of us,
making us anew as those who are Your children,
stepping upright in the fullness of our growth.

You lead us into green pastures,
where we do partake in what is flourishing,
knowing a new day is in front of us, a new birth, a new initiation.
We hold this consciousness for those still coming forward
in Your calling,
the calling of the Christ,
the calling of the resurrection.

Baruch Bashan

Easter Seminar
Santa Monica, California
April 11, 1998

Blessing of the Travelers

I'm going to ask now for the blessing of our Traveler,
our Wayshower John-Roger,
to come into our presence and into our midst,
and touch us so we feel this blessing as a presence that enfolds us.
We ask all those who are in this line of the Traveler
to be present with us now,
that we can have a gathering here in this place.

We anchor this blessing into the center of the earth
as the most pure white column of Light.
It is the presence of loving being, joyous being.
This energy extends out so it's touching to any place on the earth,
any place that we can think of, any place we ever heard of.

We see the entire planet covered in Light.
And Light brings a beautiful day, a day when everything is in harmony.

We can hear nature sing,
when all can be seen in its beauty, in its purity, in its holiness.
We see the planet in celebration.
First, we can see it in our own gathering,
that we hear the music.
We hear the singing.
We see the dancing.
And now we join in so we are playing the music.
We are dancing and singing.
We are aware in our hearts of the glory of God.
We are all safe and protected.
This day and every day has great blessings.
We do love one another.
We take care and give to one another freely,
sharing all of God's bounty.
We hear the name of God, the holy vibration and sound
that all of us claim as initiates.
The Lord does know us and calls our name, and we do come.
Lord, we are home.

Baruch Bashan

Initiates Meeting
Sydney, Australia
March 15, 1998

Blessing for Our Souls

Lord, at this time we present to You our souls,
that we as initiates are open again
to claiming that which is Your promise unto us,
that You sanctify us,
releasing us from anything that no longer serves.

We offer up Your name that it may be always heard.
You give us Your sound,
resonating through all of our consciousness,
throughout all of our existence.

We give thanks to the Christ
for fulfilling all that was necessary to be done,
that the way has been prepared for all souls
to walk and know themselves as the Beloved that is You.

We are friends of the silence.
Those who are the silent ones are our brothers and sisters in spirit.
So we give praise up to all those in every dimension
who assist the Traveler and those who are the Traveler's own.

We ask for that ability that would allow us to hear Your sound
more clearly, more directly.
As we hear the sound that comes from God,
we surrender ourselves that we may transcend.
We release our fears,
we release our judgments,
that we go free.

We give thanks for Your healing touch,
Your hands, the embrace of Your love.
May we return it in kind ever more.

Baruch Bashan

Initiates Seminar
Sydney, Australia
February 15, 1997

Blessing of Welcoming our Life

Lord God, we welcome our life.
We embrace it --- long lost friends perhaps ---
and get more attuned, more familiar
with what is awkward, strange, or lacking in our life.

We're in cooperation.
We're in our abundance.
We're in our flow of creating greater value, greater beauty.

We see that we have great gifts to imagine.
We see a world that is flourishing and harmonizing,
a world where people take care of one another.
Share the wealth.
Share what we have.

And we're also waking up to the blessing of Your patience
that You have placed so well inside of us.
So that when we come upon Your will being done,
that every need is taken care of.

And we are those who are making it right,
putting it right,
putting it back into place
so that we restore this world to its paradisiacal glory.

Baruch Bashan

Santa Fe, New Mexico
October 15, 2012

Blessing of Turning to the Lord

Dear Lord, for those of us who are willing,
we find ourselves gathered with You again
in that place in the Spirit where all souls gather,
and that's of all Your creation.
It all comes into the Soul until we find the great Light.
We feel, sense and consciously realize the great love, the great truth.

We take a moment in this place
where we are in this world, in our body, to let go
and do this eternal exercise where we let go
and give it up and surrender to You.
You are the one we can trust completely,
and yet You don't demand it.
You give us the choice.
So when we're ready to let go in our trust
and to move across whatever faith is necessary,
which we realize is in our own darkness where we have turned away.

We ask through the Traveler and the Christ and all the gifts in Spirit,
that You reach into our consciousness loosening what is attached,
bringing the Light into what has been the dark,
where we have turned away in shame or fear.
We take this moment again to extend throughout our existence
that we are those who are walking in-step with the Traveler,
claiming our liberation.
We know we have been brought to this world for that purpose.
We give thanks that we have chosen back,
and in Your presence we are reminded it is done.

We rejoice that we are in this place
where we must do each and every choice that remains.
We ask for Your assistance to hold.
We give thanks that we are shown the way again and again.
You teach us it does not matter what has happened.

We let go, release, and trust.
We embrace this new freedom.
You remind us that the little things that are our concerns
are indeed little because in the Spirit they have no real consequence.
They are simply circumstantial,
and we are to love each and every circumstance.

With our whole being,
we receive Your strength, Your wisdom,
and all the gifts that You bring to us.
We rejoice again in the simplicity of our child-like nature,
a pure nature that You brought us into this world to become.
We forgive ourself for what we have forgotten,
and we accept Your forgiveness all along the way
that continually restores us and embraces us so we are healed.
We are realigned. We are renewed.

We thank the Traveler,
in particular our friend, John-Roger, and our friend, Jesus,
and all those in this line who prepared the way
and are still holding it open
forever waiting so whenever we come, we are welcome.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
October 21, 2007

Blessing of Allowing God's Light

Father, Mother, God,
we ask for Your light to be extended
and that You renew us and bring forward new life.
In this moment we consciously, willingly remove any restrictions.
We give You permission to come into our life.
You breathe us that we can more fully do Your will.

We ask that You visit the little things,
the things that hang us up,
that we forget about, and with whatever is still unconscious.
In Your grace,
we ask if You can remove those restrictions and attachments
and lift the karma.
We ask this through the Christ,
the One who holds the heart of compassion.

We set in motion from Your blessing,
that we call forward now,
alignment with what is true.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
April 15, 2000

Blessing of Knowing

Dear Lord, this time we ask that You make Your presence more known.

Whatever we must do or whatever must release,
please answer our prayer.
We put aside our wants, our desires,
and let You have Your presence with us.

As You come in as an indwelling love and truth,
we accommodate You.
We serve You.
We look to You for our guidance of what is next.

One of the great mysteries is You reveal Yourself as us.
You look through our eyes,
listen with our ears,
and use our senses
as ways for us to be conscious of You.

Thank you again, Lord, as You are always within.
You are always watching.
And as You watch,
You give us your protection
and Your abiding love that knows no bounds.

In this moment, You show us it is here.
Your presence is with us in our breath and everyone around.

And now we make one more request.
Help us to be a greater servant
so that we may be counted as one with You.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
February 16, 2003

Blessing of Honoring the Spirit

Dear Lord, we are before You again,
to come amongst Your host
and those You have sent amongst us from on high.
We honor those who are here in Spirit.
We welcome all those forms You have sent to serve us.
We honor those forms that You have sent within us,
that You have placed like seeds perfectly planted
that You continue to nurture.

Again we are reminded that we do forget from time to time.
We lose track of what You are doing in perfection.
So we bathe in Your patience.
We bathe in Your holding.
As we lift our gaze, we can look into eternity
and see that You make it constant for us. Your love is constant.
Your strength is constant.
Your perfection in all things is constant.

Again we ask for Your understanding,
that we may behold what You are doing for us.
When we do not behold what You are doing for us,
we are asking for the understanding that goes past understanding.
May we act in Your wisdom.
And when we don't act in Your wisdom,
may we find Your grace.
Like someone who has lost their way,
who's deep in the challenge and test of being forsaken,
that You may lift us up with Your embrace.
We may look into Your face and behold Your beauty
and the adoration that is constant from You.

We ask that this blessing extend to all upon the planet,
wherever it is needed and wherever it can go,
to those who are praying
and to answer those prayers that have been placed.
That we may also disperse and release what is not necessary
for the highest good of all concerned.

Right here before You in this place,
we can experience Your motion,
the smoothness, the gradualness, and the subtlety.
We may also be lifted so in our vision,
in our knowing,
we can again realize that paradise is in our midst.
It is up to us to turn,
and immediately it is present.

Baruch Bashan

PTS Graduation
Conference of Living Love
Universal City, California
July 1, 2006

Blessing for Presenting Ourself to the Lord

Lord God, here we are again,
presenting ourselves such as we are.
We take a moment to pause,
so You may stir what is unconscious
in the way that is of the truth, of our higher nature.
We ask that You simply point out to us
anything that we could sacrifice.
If there is resistance from our perceptions,
we ask that You assist in the way of understanding
so we may freely let go
and trust that You are leading us constantly.
We come into a consciousness to be Your students,
to learn from Your exampleship.

May we put aside
whatever we have held as beliefs that are not true,
that function in illusion.
Bathe us. Cleanse us.
Let us freely give up any darkness,
any attachment in whatever does not serve.

For those of us who are exhausted, tired, frustrated,
or in any way shut down,
we ask for Your strength and healing
to continue with enthusiasm and joy.
You are the Lord that restores, redeems,
and makes new again.

For some of us, You show that we must forgive.
We must release the judgments
if we are to behold Your mercy and grace.
We can see those who are our friends,
the ones we know who come from Spirit,
are gathering around us and holding light and love,
sustaining until we do let go.
We understand that all of Your creation,
whatever has gone before in our existence,
is converted into our friend in all these experiences.

Stand tall inside of us
as our wisdom, our knowledge and our liberation.
You stand before us
as the one we know as the Christ and the Traveler,
and with all those who share in that way.
Sweet surrender.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
May 18, 2007

Blessing of Thanks

Lord, thank You for the preparation,
reminding us that all we seek,
all we ask for and request,
is already done.
And if it's not,
then it's not what we need
or want in the truth of who we are.
So we give thanks that You remind us
of our truth and our wisdom
and the privilege of coming together in Your name.

Again we ask that You gather us up
just as You find us.
Clean us up and clear us.
Let us experience the beauty that we are,
the grace in the Kingdom,
and let us go as far as we can go with You.
As we experience ourselves in our body,
in whatever level of Your creation,
we know in our heart of hearts
we are with You always.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
January 18, 2008

Blessing of the Name

Lord God, we ask for Your presence in the Light,
in that consciousness of the one we know as the Christ
who is anointed of your Holy Spirit
and goes by many names.
We call the spiritual name that is known in our heart
and in the silence of our being.
We ask that this blessing extend
and fill, surround, and protect each one of us
so that we consciously know our blessing.

We can see and hear what the Light is doing with us.
We are touched by the Light actions.
This Light has the power to lift and remove what is not necessary,
to take away the troubles that we do not need
so we may learn.
We may heal.
We may discover all the blessings.

The destiny of our life is to be happy and healthy,
to be loving, caring and sharing,
to partake in all of Your riches and abundance.
You host us in a banquet, a celebration of life.
You welcome all of us regardless of our past choices
as You are the author of forgiveness.
You embrace each one of us.

We give thanks for this blessing to all,
extending to all upon the planet
and to all in spirit.
It is done for all.

Baruch Bashan

Press Conference
Buenos Aires, Argentina
April 7, 2000

Blessing of Perfect Ways

Dear God, we give thanks
that You have brought us to our blessings
and allowed us to see what we do not know how to see
and understand what we do not know how to understand.

We present all this to You,
so You can freely take it all from us.
Whatever remains that we know is ours,
we take our responsibility.
What remains to be done in this world,
and any level of our consciousness to come into alignment with You,
is done in perfect ways
and perfect cooperation.

We give thanks for Your grace
that is bestowed through our loving thy Lord and thy will.
It is all done.
Hallelujah.
Amen.

Baruch Bashan

Blessingsfest
Holiday Inn Kensington Forum Hotel
London, England
August 30, 2004

Blessing of the Lord's Generosity

Dear Lord, we ask that You receive all of our requests.
In the generosity of Your spirit,
may we know You receive every single request.
We are appealing to Your wisdom and Your grace.
You know what is best.
So whatever is spoken, whatever is conceived and realized,
is in keeping with Your wisdom and Your grace.
Whatever would in some way challenge that or negate that,
we just ask that it be lifted in Your spirit
through the consciousness that is light and love towards all.

We move forward in health, wealth, and happiness,
loving, caring, sharing,
riches, abundance, prosperity and touching
fully into You as much as we can handle.
For all this and more, especially what we don't realize
that You are already doing for us,
we give thanks.

Baruch Bashan

Blessingsfest
Prana, Los Angeles, California
July 3, 2006

Blessing of Letting Go

Lord God, we give thanks for bringing our attention
to all our requests to manifest,
for us to be aware and open.
We let go of our inhibitions,
our judgments that we are in lack,
unable or in any way unavailable to these blessings.

We give thanks to all the healing, balancing, clearing,
and purification that is taking place here.

We ask that it be extended as grace allows
for all who are related in any way
and that it is done for the highest good of all concerned.
The rest we give up to You.
And so it is.

Baruch Bashan

Blessingsfest
Prana, Los Angeles, California
July 3, 2006

Blessing for Health, Wealth & Happiness

Let's consider that the reality we're in now
is full and overflowing.
It's not an exception.
It's a reality of what's taking place spiritually always.

And let's give thanks once again.
We're in the place that's prepared here,
that we're all choosing in our way
and in our ways together,
for greater health, wealth and happiness.

In that thankfulness, we bring ourselves to look around
into all the conditions in our life.
So take a moment in your way to have a look at yourself,
to consider your life in the body and in the world.
And have your response be,
"Thank you, Lord.
Thank you, Lord God,
the Lord God that is in all the Creation,
for your beloved friends,
for choosing me, for choosing us,
whoever you are choosing at this time
to come in this path guided through the Traveler,"
in the thankfulness for the choosing back again and again.

I am still here.
We are still here.
The Traveler is here and in the worlds to come.
We can see the through-line into the Spirit.
We can see up and higher.
We can see our beloved friend, our Wayshower, John-Roger,
and all those in this line.
We are all friends doing our part.

In this moment, we're so aware of the perfection,
and the perfection in all ways and always.
We take in this deep peace so we can say with all of our truth,
"I am peace.
I am beloved.
I am all the blessings."

We give thanks as we behold
the greater strength,
greater wisdom,
greater consciousness in each moment
to see what is best,
to focus on what is serving the highest good,
to find our nature that gives freely and openly completely.
And in equal measure, we are receiving.
We are forgiving.

We see ourself with the ability to see all around
and with whatever state of consciousness we are brought to.
So in the highest, in the awareness of the soul,
we can see right into this moment,
right into this place, into our body,
into our physical conditions and state.

Whatever You show us now about our life,
we are aware of the value,
of our gratitude and our appreciation again and again.
So we hear that consciousness of thankfulness.

We are witness to this blessing that is of the highest order
and of the most simple and ordinary.
You open our vision so we know the way is done.
All is prepared.
There is nothing that can stop us now.

We let go.
We trust.
We see whenever we falter or stumble
or find confusion or disturbance,
whatever is the negative form,
You are always with us, guiding us,
sustaining us through everything.
So we have Your strength.
We have Your love.
We know that we have all that we need.

We see upon Your face a beautiful smile.
And in Your eyes,
we see the reflection of our beloved friend
who looks upon us with complete pleasure,
complete satisfaction.
And we know this in ourself whole,
sustaining,
always graceful,
always beautiful.
Thank you, Lord.

Baruch Bashan

IHOP2 - Intention, Health, Openness, Prosperity Class
Prana, Los Angeles, California
February 2013

Blessing for Anchoring the Light

Father Mother God, we ask in Your presence of the Light here
that we are each anchors of the Light,
going into the earth as a radiant field
that is harmonizing loving, joy, and the spirit of truth.
All who come here are blessed in this peace and joy.
We come here to make a gift of the loving consciousness that is within.
We ask our Lord to bring this blessing forward in each one of us,
that we are attuned to our own inner purpose,
and that wherever we are placed in Your creation we find the harmony.

We open ourself to the gift that is present here,
that has been placed long ago,
that those who come can harmonize
with the balance of perfection that is on the planet
and to understand that there is always
a relationship of harmony and balance.

As we go from here, we are reminded of our own purpose,
that we come into alignment,
that there is great alignment in this place,
so that we remain true to our own purpose
and to the intention that is God's will.

We take this moment here to ask for a blessing on the planet
to come into greater alignment,
that this blessing is anchored into the very logos of the planet
and that we are those who are instruments of this blessing.
All who are on the earth at this time can be touched by this
electromagnetically.
We are a network of the consciousness that is God.
We are all in touch at this moment, harmonizing,
allowing any disturbance or negativity to be lifted
so it can be dissolved,
evaporated and taken from each consciousness
and taken from the planet
so that it is no longer necessary as an action
going forward through time.

Each of you, take a moment to place your own prayer out
in your own words in your own way.
Usually when we take a blessing in into our consciousness,
we take it from the spiritual centers.
At this time we're going to set a blessing of that which is pure and clear,
that has been anchored into the earth,
and comes forth pouring up through the feet.
Keep the light present
so that only that which is of the highest good of all concerned
is coming up as an energy through your feet,
through your legs and your body.
Experience it radiating up as a flowing of energy
like an outpouring that goes up through the top of your head
and out through your hands.
You become a fountain of light and love.

Any blessings that have been closed off
are now being opened again.
That which has been an affliction on the planet
is being dissolved and taken out as an unnecessary action,
an act of grace.
As we listen, we can hear the sounds of the children.
We recognize that there are those coming forward
in a new consciousness and a new blessing.
And we are preparing the way,
holding protection with our light and love.

We seal this blessing in the name of the Lord Jesus Christ,
that one who resides and dwells as the logos of this planet.
So be it.

Baruch Bashan

Stonehenge, United Kingdom
August 11, 1998

Blessing of Divine Purpose

Father-Mother God, we ask again for Your light
as we do give thanks that You have gathered us here
in Your divine purpose.
We give thanks for being purified, clarified, and strengthened.

We are those who are willing to do Your will.
We put aside our small nature and take on Your giant nature.
We are willing to take giant steps,
to look into the seemingly impossible
and bring forward what is unmanifest
through the love, light and the sound of God.

We resonate in Your harmony, balance, and health.
We are those restoring the glory of God,
the reign of the Christ.

Baruch Bashan

Leadership Meeting
Banyan - Mandeville Canyon, California
October 23, 1997

Blessing of Thanks Giving and Receiving

Dear Lord, we ask right now that You fill us with Your light and love
and remind us of Your bounty in our midst.
We start out letting go of anything
that in any way might tug or pull on our sense of gratitude,
and we offer it up.
We ask for whatever You can do in Your grace
to lift whatever needs lifting,
clear whatever needs clearing,
balance whatever needs balancing.
We take a nice big breath to receive in that blessing.
We breathe out and let go of whatever we do not need.
And we give thanks.

Now we open up our consciousness to receive in all
of Your peace, joy and bounty
so that we can receive in full and be those who give in full.
We share these blessings freely and openly.
We send them out wherever they can go across the planet.
We open up our hearts so we can see a vision of people
giving thanks for what they are receiving.

Peace is on this planet.
Joy is in our midst.
People are reaching across whatever needs to be traversed.
There's a connection of this love and blessing.
We hold for a moment for this and whatever else is in our heart
that we may make a request at this time.

We call out in God's name.
We like to do it in a very ancient form of *Ani Hu*.
It's our way of calling to the source,
to the Father, the Mother and God,
the One giving this all to us.
And we give thanks for all these blessings.

Baruch Bashan

Thanksgiving
Prana, Los Angeles, California
November 22, 2007

Blessing of Heartfelt Service

Father Mother God, we give thanks that You are bringing us together
in Your work of service to all.
We go forward into the world, wherever You take us,
in Your light, love and joy.
You show us that there is an opportunity to uplift
so that we may all know the greater fellowship of Spirit
who is paradise in this world.

We ask for whatever direction You can give us today
so that each one of us who are gathered here
and all those involved on any level
may know what we are to do.
We know where we are to go to serve the needs that You present to us.
And we give thanks for this blessing unto Spirit.

Baruch Bashan

Heartfelt Representatives Meeting
Universal City, California
June 28, 2001

Blessing of Conscious Awareness

Dear Lord, we ask for Your presence,
which is really our bringing our conscious awareness to You.
We bring what we are to You,
fully and completely, trusting again that You are always the safe place.

There is nothing to hide, nothing to fear, nothing to judge.
For in You we see all is good.
And whatever it is we have been witnessing
that we would relate to and hold in any form of disturbance,
we offer that up as well.
So we come clean and clear and find our strength again.
We find the beauty and the grace.
We even find that this world is our friend,
for it delivers constantly what we need in our growth
for finding our strength and our abilities.
All along, we find Your patience,
Your understanding, Your encouragement,
and whatever is needed to fulfill what we came in this world to do.

We offer up our thanks again,
in some ways hoping it is done,
that we see it through,
that we find the fulfillment and complete our own part
of what has been promised so it is done.
We give thanks for all those beloveds who assist and support us
and show us the way.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
March 16, 2008

Blessing of Glory in the Lord

Dear Lord, we know that inside is the beauty,
the love and the grace that is in all.
We ask that You address us as Your children
in our innocence and purity.
May You show us the excitement and delight
of finding whatever we find in this world.
When You call us into the needs that others may have,
and we realize it is our need as well,
we ask for Your wisdom and direction
that we may be guided in perfect ways.
We ask for Your abundance and prosperity
that we may give more than is needed
to show the paradise that it all around
and to show Your bounty.

Wherever rest is needed,
let us bring peace and understanding.
Wherever hope is needed,
let us bring a new day that is full of light, full of beauty and glory.
For all this we place ourselves in gratitude
that it is already done.
It is already prepared.
You open the door and we walk in.

Baruch Bashan

Conference of Gratitude
Universal City, California
June 30, 2005

Blessing of Light Action

Father Mother God, we welcome Your presence,
going to each and every one of us
at any time when we are gathered in this Light action.
We bring it forward, serving the highest good of all concerned.
So we are open to be in Your wisdom,
Your grace, Your healing,
all the blessings.

We release and let go any form of negativity,
especially at any unconscious level.
We ask for the assistance that comes through the Traveler on all levels,
and we're especially welcoming the attunement of John-Roger.

We give thanks for these blessings,
the opportunity to be of service,
to be brought forward in what is being taught.
We are willing as students to learn
and move forward in cooperation with Your will.

Baruch Bashan

IHOP2 - Intention, Health, Openness, Prosperity Class
Prana, Los Angeles, California
June 2, 2013

Blessing of the Lord's Protection

Father, Mother, God, we ask in Your presence
to bless this land.
We know first this blessing comes to each one of us.
We give thanks for the shelter that we have.
We extend a blessing
to those who don't have shelter who are seeking shelter,
that they may have greater protection.

We give thanks that you provide for us the ability to shelter all,
to feed all, to protect all.

So we ask for Your spirit to go to all upon the planet,
that we may be more willing to share all that is provided unto us.
And that any cold that is in the air today remind us of Your warmth,
warmth of Your love, warmth of Your touch,
the warmth that enfolds us as protection, keeping us safe.

Baruch Bashan

Windermere
Santa Barbara, California
Winter, 1998

Blessing of Silence

Father, Mother, God, we ask for Your presence here
with us in this place, in the wilderness, in the desert.
We ask for the quiet that's here to be with each of us to soothe us,
to quench the thirst that we have inside
of whatever we are seeking in the highest way.
We place this light for all who enter here,
for all who have come.
May Your light find them wherever they are.
Bless them.

Whatever has been here as anguish or disturbance,
we place the Light in this place.
We transmit the Light to the entire region in this land
and to the surrounding lands and all the people.
As we call out Your name,
we ask that it extend out and be heard by all.

The silence that is in the wind is heard in the heart,
awakening love and light for all.
And so it is.

Baruch Bashan

Peace Awareness Training V
Masada, Israel
July, 1995

Blessing of Rededication

Lord God, we bring ourselves before You once again.
We lay down our troubles and burdens.
We ask whatever we do not know how to remove of our own volition,
that it is removed by You through the forces of light and love.
Let us all be made holy and sacred here,
that we become Your servants anew in greater ways than ever before.

Lift our ignorances.
Let us put aside what grace can take.
From this moment forward,
our life becomes the glory of You,
the presence of God's will being done.
Let us each see a new vision of our life, a new beginning.
In this new vision, we ask to know the simplicity that is the Divine,
the Holy of Holies, the purity, the sanctity of truth.

Let us put aside that part of us that seeks out of incompleteness
or lack so the Christ energy becomes our life force.
We are quickened in the Spirit so that our mind is the mind of Spirit.
What emanates as energy and motions
become manifestations of the whole spirit nature.
As necessary, we rebuke any consciousness of deceit.
We rebuke that place at any level of any manifestation
that holds the negative form.

We re-align. We make straight and clear.
We take on the new generation of Spirit.
Let us breathe it in the places that have forgotten.
We give permission openly.
Those places that we've attempted to hide or close off,
we open them to You.
We receive You this day again.
We are renewed in Your purpose.

Strengthen this blessing. Place it so it can be held.
Give us the wit to endure,
to know we can endure
when we are tempted to say “No”
or to turn or defile in anyway.

We give thanks for this blessing.
We see ourselves issuing forth freely and openly
our joy and delight for the gift of life that is always with us.
In this new consciousness, we uphold forgiving.
We let go.

God is our intention. This is what we seek.
This is our prayer in the deepest place of our heart.
This is what we place on the altar. God is our intention.
God is our Will.
God is the dedication of our life.

It is secure.
It is safe.
It is done.

Baruch Bashan

June 5, 1994

Blessing for Standing in Truth

Father, Mother, God, we ask for Your light.

If there's a place in your heart
where truth has been locked away and hardened,
go to that place now.
Just go inside and find that place
where you have locked the truth away,
where it's been hardened by your experience of life.
You might see yourself standing inside at a place
that looks very much like a rock
or it could look like a cave that's closed off.
You're going to open this truth.
And you open it by your presence, by being who you are.

As you stand before this rock of truth,
you begin hearing all the things you've done or said
that misrepresented who you are.
It's as though the rock just starts casting
bits and pieces of itself towards you.
But you cannot be hurt for you are standing in the Light.
And the Light dissolves all the particles
and all the bits and pieces of rock.

As you stand more brightly in your truth, that rock gets hot.
All you have to do is be yourself.
Just stand in your presence.
Your light is brilliant and becomes brighter
and that rock gets hotter so that it's red hot.
It just starts changing colors with the Light pouring in.
It becomes white hot,
and then it's gone.

What you stand in is your beauty and the magnificence of who you are.
That's where you are at this moment.
You also realize that from this day forward,
you can walk in the truth of your being.
As you walk in truth,
you walk with God.

Baruch Bashan

Closed Seminar
Santa Monica, California
July 18, 1989

Blessing of Raising Ourselves in the Lord

Dear Lord, let us be awakened now.
Let us put aside our mind that tells us that You are not here and now.
Let us put aside our doubts and our fears.
Lift us to the heart of the Spirit.
Reveal again our joy and the celebration of our life as a Soul,
as one who came into this world
full of goodness, purity and the dedication to truth.

We are alive with unceasing love,
overflowing abundance, prosperity and goodness for all.
We are an exampleship of God's life in this world.
Quicken that spirit in us.
Cast away those things that keep us from unknowing
to the knowing of God.

Let us have a vision now,
an experience within that we take into this world,
where we see our feet firmly upon the ground.
We welcome this day.
We welcome the circumstances in which we find ourselves.
We see the beauty.
We know the harmony and peace that is Your will being done.

Let us be bold and clear in our expression of the Spirit.
There's no need to hold back here.
Our goodness is full and strong.
The world cannot contain it any more.
It directs us into the Spirit.
It lifts us beyond the limitations we find here.
We are not downtrodden by what we see in the world,
by the pessimism, negativity, debts, lack,
or hatred towards one another.
We are not downtrodden with this as we raise up.
We lift ourselves in Your consciousness in Your energy.

We are straightened where we have been bent
by the weight of judgments,
where we have been hardened and encased
in ritualized ideas and concepts of restriction.
We cast them away freely.
We reflect that which is the heart and the love and joy,
expanding past any limitations,
any chains that would imprison our will with You.

We forgive ourselves for looking upon ourselves and others
as prisoners, as less then Divine.
This is not our consciousness of love.
We bless ourselves as we bless one another.
We restore this world to a garden,
a pristine world where good flourishes
and harmony and peace is all that can be seen.

We are Your children, bringing your deeds home.
We gladly accept the opening of our heart that reveals Your truth.
Quicken us once again.
Raise our vibration.
Lift us in Your purpose.

We are open.
We sing Your praise.
We hear Your melody.
The Sound and Light is all around.
Sweet surrender again. We let go.
We let You become full in our presence.

Baruch Bashan

June 12, 1994

Blessing for Overcoming All

Lord God, each of us in our own way
place ourself before You now,
asking that we once again are lifted unto You,
that we are restored in our true and natural home.
Whatever can be done to lift and release
those situations and circumstances that trouble us
or are in some way a disturbance or source of pain,
we ask through Your grace for whatever can be done
to clear us and to allow us to move higher.
We ask for Your assistance,
and those who work with You, to work with us.

Let us be those who welcome all the friends of the Beloved.
Let us put aside our prejudice, our reactive state,
that we may be the ones who greet all in loving and kindness.
It is not ours to place others on their way
for we know that is left unto You.
So we ask that we once again be nudged so our gaze is lifted.
We are reminded of how precious this life is.

Beauty is always with us.
Let us also renew our generosity of the Spirit.
We give freely and openly without regard for what will come in return.
We learn to trust once again, putting aside our fears and doubts.

Lift our perceptions so we can see beyond
the challenges and difficulties in this world.
We can find moments in each day in which we are safe and secure,
where we know Your will is being done.
Let us exercise what you have given us to overcome all things,
all conditions.
We walk straight, clear and true,
and in the knowledge of who You are.
We become a blessing unto all.

Baruch Bashan

February 9, 1995

Blessing of the Radiant Divine Glory

Lord, we call forward Your presence once again,
and in doing so, we call ourselves forward
to stand in the fullness of who we are
and the glory of You that is the glory of God.
We resonate with Your truth,
with Your spirit of joy that is the consciousness that forgives
and has compassion for all and understanding.
Let us each now visit our own circumstances accompanying You.
We see a new day.
We see Your light and love permeating all, radiating.
All is new.
All is bright and beautiful.

We ask to bring a miracle.
A miracle is the ordinary of the Spirit.
Let us have the wit to put aside, to let go,
what we have chosen that confines us or in any way would block us.
We give up and let go of our judgments,
our pronouncements that would deny the Spirit,
the truth, and the loving in all.
Place the spark that is divine once again into our conscious awareness
that it radiates inside through the levels of our body,
coursing through our blood into every cell.
We are integrated and whole in an energy
that is harmonious and of our true self.

We see our circumstances and whatever is present
for us to look into right now.
We see Your energy bringing new thoughts,
new ideas, new circumstances, and transformation.
Let us see the Spirit made manifest.
All that we relate to becomes joyous and a source of upliftment.
Each one we look upon, each one we touch or contact in any way,
we receive as a divine being.
Each one is brought to us simply to love and to welcome,
including those who come to test or tempt us to go astray
and move into areas and actions not of our concern or not of the Spirit.

Give us the eyes to see, the ears to hear.
We do not condemn but bless them as you would.
We uphold the way that is true.
We see this taking place with ease and grace.
As Your way is light, and Your way is grace.
We welcome the Christ as we welcome the higher state of the Traveler
that we may know the radiant form.
We become that radiant form in the knowing.

In this moment,
we ask that we be translated into the highest form that is our Spirit
and the revelation of our soul.
We ask that we be prepared,
that we may step from this moment in a direct line
with our Spiritual heritage.
We proclaim the promise that was given from the beginning.
We are the Beloved of God
and in this we shall be forever more.

Baruch Bashan

April 2, 1995

Blessing of Ordinariness

Lord, we give thanks that we know Your presence,
for the continuous connection that You bring
and You extend to us all very personally.
We are thankful for being part of Your family
in such an intimate personal way.
We are glad to be a part of this work that goes on,
that extends out to all those who are looking for
this consciousness that You are.
We are glad for the presence of John-Roger in our lives
and that You have extended Yourself through him.

May we each be strengthened in our knowing of this connection
and that it goes out in this day, to this year,
throughout our entire life preparing the way and blessing us.
We each can release ourself from whatever temptations might befall us
and place ourself into the renewed knowing,
the understanding of what You are doing with us
and what we are doing with You.

We ask this blessing to extend to all those
who are in the Traveler's fold,
that we each are awakened in our own way.
We give thanks for the perfection of how it is all done,
how it's revealed and not revealed in perfect ways and timing,
how it's known absolutely in Spirit,
how it's a mystery in this world.
We give thanks for the ordinariness that places your presence as God
so we may know it in the flesh.

We ask that we may be renewed,
bringing forth a new aliveness and vitality in the Spirit.
The new experiences of joy and rejoicing come forward.
We are a people, a family,
an organization that rejoices in the Spirit
and demonstrate the presence for all.
May we be lifted in Your grace.

Baruch Bashan

December 21, 1994

Blessing of Courage to Walk with the Lord

Lord God, we become before You,
blessed in Your presence and the joy of who You are
and who we are together in fellowship.
We ask that You touch each one of us now personally.
Bless every part of us.
Let us experience Your touch and the loving of who You are
in the depth of our being into every cell.

Lord, we give You permission and we invite You
into all aspects of our life,
knowing that where You go,
you bring the Holy Presence that is the sanctity and the purity.
We let go, and we release all that is past now.
We come forth with You to do what You do,
follow in Your way,
and walk with You stride for stride.

Give us Your courage, the depth of Your knowing,
that we may too, have the courage in the face of all that meets us,
knowing that Your will is done, as God's will is done.
May we align with Your will, Lord, to do the blessings of the Christ.

We are grateful that You bequest us with a comforter
that is the Holy Spirit.
Now we come to the oneness of that companion.
The Holy Spirit is what we breathe and what we do in all of our ways.
Extend this blessing, dear Lord,
to all those who are open across the planet.
May all bear the Light and sanctify the place
where they may find themselves.
We give the prayers of the heart up to You, Lord,
knowing that You know no burden.

All is welcomed. All is forgiven.
In Your grace we ask that this extend
to those who are in ignorance and in darkness,
those who have forgotten themselves
in their fears, judgments and the pains of their existence.
May we comfort them in the Spirit and soothe them in their troubles.
May we be part of that blessing that comes forth through Spirit
from the invisible into the visible -- in the worlds beyond that is God,
this world and all the universes.
We do this by our faith and trust in You.

We know we are upon a time where we are not to tarry,
to look back, to cast our vision on what is forsaken.
We are in a time to go forth serving all,
loving all until that day
when we know ourselves in Your face.

Baruch Bashan

February 8, 1995

Blessing Upon Violence

Father, Mother, God, we ask for Your light and love.
We all have a greater opportunity to dissolve any separation we allow
between ourselves and whatever we judge about ourselves or others.
We need to be more willing to stop the violence
that is initiated first toward the negative images and expressions
we perceive in others,
for it is the thoughts that are held and reinforced
that then become manifest.
Although there may be many years and lifetimes of buildup,
we always have a fresh opportunity
to not have past transgressions take up residence.
We must choose to put aside
what appears as justification for vengeance and outcasting.
We do not allow the condemnation that precedes.
Our most important response is the willingness to reach out,
to touch those we are inclined to repel and castigate.

All outcasts are children of God.
We are to love and forgive those who, like Judas,
have done what must be done by the law of past actions.
Let us kneel down beside them in their time of need,
bringing our embrace and comfort close to their greatest pain.
For love and forgiveness are what come in the name of grace
to raise the dead and heal the sick
and fulfill the law so it has no need to return.
Let us all pray to the better angels of mercy
that whisper to us inside the outcries
and show us a better way,
illumined by the hand of God.

Baruch Bashan

Los Angeles, California
April 25, 1999

Blessing for the Peace of the Spiritual Warrior

Dear God, we ask for a blessing of forgetting,
so what has happened becomes more and more invisible.
We ask that the collective memory of death and destruction,
murder, mayhem, warring,
and all the causes that have led to such acts
be placed into the Light of God, the peace of God,
and that You bring forward in us the knowing
that all is good and all is precious.
We sacrifice the sense of betrayal,
the sense that we have been violated.
We give that up so we can walk in peace
and so that there is no againstness within us.
We are willing to reach deep into all of our existence
and give up whatever memory can be found,
consciously or unconsciously, concerning ourselves or others.

As we can make the sacrifice of past injustice, violation, or terror,
we can make that choice for ourselves and others, as an invitation,
as a beckoning that the angels hold to come forward to lift us,
to remind us of our true nature, that we are good, loving beings,
because that is how God has made us all.

We take our courage so that if we are again violated
and if we again either express or witness
what is injustice and insensitivity,
we make the choice of peace,
we refuse to lift a hand against another,
and we choose to keep our mind in check,
so that we will not think ill of another.
We will choose to understand even what we do not understand
and give them the choice of peace.

We will understand that when somebody acts out
violence or negativity,
it is some pain that they feel,
some disturbance that they have not been able to bring to peace.
Rather than return the againstness or violence,
we choose to hold ourselves in peace.
This can be a cause of the Spiritual Warrior,
the one who takes the strength, courage, and dedication
that is peace and love
and carries that forward into the day.

As Spiritual Warriors, we know that we will be attacked
either from within,
where the greater negativity can be found,
or from without,
where the world in the flow of the karma and negativity
will bring us something to turn into peace.
As we can do it in this place, it can be done for the entire planet.

For we all know in this moment, there are those who are enraged,
who are caught up in causes of violence and destruction,
always seemingly with some sense of justice, some sense of duty,
often from something that has happened.

From this place of peace here,
we place the energies of peace that calm the heart,
that lift the memories, that bring the consciousness to a knowing
that there is good to be done
and that there is forgiveness in our midst.

We ask for God's help that as we come to this place
and as we go forward,
we go in peace and bring the Light and love of God that conquers all,
that quiets whatever has been disturbing.

We place this blessing through the Christ and the Holy Spirit.
The Traveler walks here this day,
visiting those who have forgotten their way to God.
No longer are they to remain, as the Light has opened a way.
We gently usher those who have forgotten the way
and have been caught in things from long ago.
We are here to assist and extend a hand
and to see that there are beautiful things prepared.
There is a sanctuary of peace.
There is joy.
There are opportunities to rejoin families and friends.
The joy is inherent this day.
Thanks be to God.

Baruch Bashan

Omaha Beach, France
October 17, 1997

Blessing for Peace

Lord God in the highest, we ask for Your presence,
that You bring forward a blessing upon us in peace.
You fill our hearts, our consciousnesses,
and our minds so whatever we would perceive is in peace.
Our nature becomes entirely peaceful.

We ask for the blessings for higher consciousness,
the wisdom, and the understanding of peace.
Let us dedicate ourselves to peace within ourselves,
that wherever we go, we bring peace,
and that we learn to find peace in all things.
Teach us to learn, teach us to know,
and teach us to all gather in the fellowship of peace.
Let us all issue ourselves forth in peace.

Baruch Bashan

Issues of Peace Article
Holistic Chicago Magazine
January/February 1998

Blessing of Unity

Dear Lord, we ask for Your direct guidance at this time
to unite us, to find each one of us,
as we have come to You in this moment with our differences,
with our individuality and traditions.
We ask that You unite us by showing there is a truth
that we can all see together.

We celebrate this truth.
It shows us that we are all loved.
We are all forgiven.
We all are brought together as a family,
as a presence that is peaceful.

Where there is hunger we are fed,
and where there is thirst we are quenched.
Whatever is needed, You provide.

When we consider what You would wish for us,
You always show us that we would get along with one another,
that we would love one another.
And You stand patiently waiting for us to find that way.

Baruch Bashan

Sally Kirkland and Friends Interview
Los Angeles, California
October 6, 2006

Blessing of Praise and Joy

Lord God, we ask for Your blessing on each one of us here.
We give thanks that You have chosen us.

You make Your truth known to us like water pouring forth from deep within.
You are a wellspring of knowledge, strength and inspiration.
You are the force of love and caring and joy.

In our own way, we accept Your hand upon us,
right now, touching to us,
that You make us straight and clear.
You heal us from those things that we have made issues and conflicts.
You heal us from that which is our darkness, our dis-ease.

We stand up free with clear rejoicing, praising You,
our beloved Lord whom we serve.

Baruch Bashan

MSIA Representatives Meeting
Universal City, California
June 22, 2000

Blessing of Renewal and Rebirth

Lord, we present ourselves once again,
from wherever we have come today and throughout our existence.
We ask to be opened to be served by You.
We are here to receive.
Lift our illusions and self-deception,
and awaken our consciousness to the truth of who we are
and the truth of who You are,
that we may know our oneness with You.

We ask for peace, that we are at peace with what is.
As we go forward this day, let us step into this world bringing peace.
Renew our ability to see the beauty and joy that are present.
Let us see it in Your simplicity.

With each breath, we are reborn.
We experience Your breathing us,
and we are grateful to be alive, to be Your servants.
And we again forgive ourselves for any judgments.
So bring us into peace with our minds.

And now, Lord, renew our spiritual connection
as those You have chosen,
who have chosen back unto to You,
to call upon Your name,
the name of the Holy of Holies.
Awaken each one of us,
that we hear the Sound that comes from God,
that we are renewed in our dedication and our worship.
Let us know now and forever more
that the blessings already are.

Baruch Bashan

Ministers & Initiates Dinner Q&A
San Francisco, California
December 14, 1996

Blessing for Serving All

Dear Lord, we are before You again in our openness.
We ask that You be with us intimately,
that nothing would come between us,
that our thoughts are one,
that we can see all together,
know all together and move together in all that we do.

We ask to serve You through the Light that is the Holy Spirit,
the consciousness of the Christ, Your anointed,
that You have bestowed with all the power and the glory that is Yours.

We are Your children.
We ask that You raise us,
that You teach us what we are to learn,
so we may become like You,
so all that we do is all that You do.
So we put aside our ways,
our individuality, our wants and desires,
and we openly and freely choose Your will.
It is the highest good of all concerned
that we may become Your friends.

We ask to be known as those who are in Your way,
the way that is the Light and the truth and the love of all.

We ask that You make Yourself known in ever greater ways
so we become conscious of the simple things.

Loving one thing is a way of loving You.

Baruch Bashan

Master of Spiritual Science Class
Santa Monica, California
January 8, 2000

Blessing of Service for the Highest Good

Father-Mother-God, we ask that You come present
with each one of us here.
You know our heart.
You know what is best for us.
You've heard it all. Seen it all.
Come forward.
Take what is not necessary
so that in this place and this moment we let go.
We are letting You take us completely.
We give ourself completely to You.

As we give ourself completely,
we have no past as it has nothing to do with us.
All that we want or need is present.
We present ourself open, clear and patient.

Lord, whatever we need to know about waiting upon You,
teach us. Show us what it means
to wait upon You.

Teach us to accept. Teach us to cooperate.
Teach us how to free Your consciousness into our expression.
Teach us to serve in the greatest way.

We give thanks for this day.

Baruch Bashan

Bogota, Colombia
November 13, 1999

Blessing for Servants of the Lord

Father, we give thanks for once again
blessing each one of us here.

We ask for Your touch now that we can feel You inside
as a presence of love, as a quiet being.

As we listen to the silence,
help us bridge over our sense of separation,
our fears, whatever positions we have taken.

We ask to be fully available to You
so we are open to receive your blessings, your Light.
We are open to fully embrace all the conditions,
so whatever we bring to mind now we accept and receive.

We are a part of Your handiwork,
assisting to put things in order,
making amends,
letting others know You through us
that we may know You through ourselves.

We ask You to increase our place of service
that what we see or hear,
take in in any way or touch, is blessed.
Help to remind us each moment that we are Your servants,
that we are found in You.

This world is a playground, and You are always smiling.
As You embrace us, let us embrace You.

Baruch Bashan

Doctor of Spiritual Science Class
Santa Monica, California
May 23, 1999

Blessing for Claiming the Lord Within

Lord God, once again we present ourself just as we are,
and again we breathe in and breathe out in Your love,
letting go of any concerns.

Rather than approach what this blessing is by waiting upon You,
let us go to You.
Let us move our consciousness,
move every level of our being to You,
so that we are willing to change.
We are willing to do whatever it takes to be with You.
We are willing to give up anything to be with You.
As we make that claim,
whatever comes before us to show
how we stop ourselves and hold ourself back,
we do ask that You would extend to us,
that You would assist us
in Your strength, Your guidance, Your protection
so that we can and will let go of whatever limitations confront us.

We ask for Your peace so that as we again turn toward the
circumstances of our life,
we do meet those circumstances
in the consciousness that overcomes.
We are joyful as You are joyful,
truthful as You are truthful,
and strong, healthy, and vibrant just as You are.
We can become one with you.

Whenever we find ourselves frustrated,
discouraged, hurt or angry,
we are reminded once again
that it is You in whom we breathe and do all things.
All things are possible.

What you bring about is everlasting change always for the better,
always for the good of everyone and everything.
In this moment we reach toward ourselves to again bless You,
to give to You and make an offering that is received.
We are grateful.

Doctor of Spiritual Science Class
Santa Monica, California
October 23, 1999

Blessing and Meditation of the Lord's Presence

Father Mother God, we ask for Your presence here with us
in Your light of the Holy Spirit through the Christ,
that One who is anointed in Your power and Your love.

We are free to be lifted,
so we invite You to come into our consciousness into the body,
preparing us to surrender.
We are open to receive as we let go of any attachments.
We let go of our judgments, our fears, that we trust You.
And in any place that does not trust, we surrender. We let go.
We bridge whatever gap we find,
that as You have extended to us we are extending back.

So in your own way
allow yourself to extend through the body as a Light consciousness,
moving up so with each breath you are free.
You can experience this as an energy that is a vortex like a spiral.
It's very soft. There's nothing for you to do.
You are held. You are caressed.
You are supported.
You are in the Lord's strength.

So as you open up,
more and more you experience this energy flowing
through you and around you.
You can relax completely.
You can also be aware of your body,
that you are outside of it in your awareness.
This can be from a very distant place.
From wherever you see your body, you smile.
You experience your compassion for all of the challenges,
for all of the disturbances.
It does not matter now,
for you are in a place that is soaring, that is transcending.
There is no limitation in the consciousness of God.
So you willingly partake.
You experience the joy of expansion,
of flowing freely, letting go.

Take yourself into the Light.
It does not matter how you see the Light.
The Light illumines you, prepares the way.
This is the consciousness of the Christ ---
forgiving, embracing all, loving all.

As you experience yourself more and more extended
in this line of energy,
soaring, moving in an ever higher spiral,
find there is a strength.
There is a line of this energy that connects it all.
And as you surrender you are more connected to all there is.

In this consciousness of peace,
peace toward all,
you allow for the transformation to take place through every level.
This is the blessing,
the blessing of the Lord being done.

Baruch Bashan

Master of Spiritual Science Class
Columbia, Maryland
May 8, 1999

A Blessing of the Lord Watching Over Us

Dear Lord,
Thank You for bringing us here once again
into Your presence, that we feel Your intimacy.
We feel Your touch.
That we are Your people.
You watch over us nonstop.
There is no moment when we are not in Your watchful eye.
And all that comes with that as Your protection,
as Your divine providence,
that our needs are met.
And with whatever remains with each one of us
while we are in this world,
we have Your strength, we have Your wisdom,
we have Your gifts.
You are that consciousness we know
as the way, the light, the truth.
And also You are our friend,
that You teach us to walk with You
as one with the Beloved.
And to do Your works while we are in this world.
How amazing it is that You teach us just be ourself,
that is all we really need to do.
And that is a heartfelt process, full of love, joy and peace.
You also show us that You have prepared the way.
So wherever we look,
You show us there is nothing we cannot handle.
So we can handle it.
You demonstrate it's already been done.
It's over. It's complete.
We are surrounded in Your embrace.

Baruch Bashan.

MSIA Seminar for Discourse Subscribers
February 25, 2017
Brisbane, Australia

A Blessing of Listening to the Lord

Dear Lord,
We call You into our presence.
For each one who's gathered here and hearing my voice,
that may hear Your voice in my voice.
And also hear their own voice in Your voice.
That we all seek the highest good.
That we are here to awaken with our soul.
And that You are also present in our inner consciousness
as the light, the truth, and the way.
And that we can see as we open our vision,
as we also hear as we listen,
the higher dimensions of the soul.
That we can see great beauty.
And all of our senses come alive in this glory and beauty.
And for anyone who is here that has fear and doubt
or carries self-judgment,
You reveal Your grace.
That You are here to lift all.
And all who come into this presence and follow this way,
love the truth and find the truth that is always loving.
So Your way is kind and also strong.
That it takes great will to see the face of God.
And that will is provided.
It is Your will with God.
That the way into the heart of God is prepared.
And Your way is full of peace for all.
And You listen right now to whoever is calling out,
with the creativity and the intelligence of waking up
and the willingness to go.
And You remind us that this way
is best approached like children
in that pure innocence,
that willingness to be alive and explore
with great joy, great trust.
That this is the family of God.

Baruch Bashan

Open MSIA Seminar on the Path to Mastership
February 2, 2018
Bogota, Colombia

A Blessing of Love and Light to All Creation

Okay, here is the blessing.
I often find out I start out blessings with Dear Lord.
And that's the presence I often experience in blessings
that it's that consciousness
that manifests itself into where we are.
So I mean that, into this place.
And it's also all places, so wherever anybody is at anytime.
That we are addressing the Lord who is in the highest, in that place,
as it extends itself into this place
where we each find ourself as the Lord incarnate.
That we all can own it completely as the blessing of God it is.

Dear Lord, we breathe You in and breathe You out.
As we do, we are in the consciousness of us.
In Your personal way,
You extend love, light, blessing to all the creation.
In our awareness, we can be witness to Your blessing,
holding in all blessing.
We can be witness that we are those who are extending this blessing,
first and fully receiving into all our dimensions
experiencing Your grace,
releasing what is not necessary.
And as we let go, experience this healing,
this clearing, this balancing,
we also experience upliftment.
And this joy, this peace, beyond measure.

Now You reveal Your great radiation is the light
and we are the light.
And Your great radiation that is the living truth,
the truth that bears witness in itself as the love of all.
And this radiation that reveals what we can see and behold
in all the consciousness and all the dimensions.
We also are experiencing the personal nature of Your blessing,
the friendship.
That we are completely loved without any limitation.

So we release the limitations.
Any form of negativity, we set free.
We come into a great understanding
that all limitations are good purpose.
We thank You for teaching us what we need to learn.
And bringing the experience into our own being,
that we are what You teach.
We are in the knowing of this great truth.
And in this knowing, we also are thankful
to be in the presence of the beloved of God.
So whatever we see, whatever is in our senses to behold,
is in the great oneness of experience.
We behold Your beauty, Your glory, that all is beloved of God.

And in that consciousness of multidimensional awareness,
we behold that what is present in the heart of God
is present here and now
As the beloved of God in each one, in each thing.

Baruch Bashan

IHOP7 - Intention, Health, Openness, Prosperity
January 21, 2018
Prana, Los Angeles, California

A Blessing of Acceptance, Openness, and Anything Else

Dear Lord, we're gathered here in this presence
that is also gathered with us in the light,
and whatever is here in each one's heart,
n any form of a need, a request.
Whatever it is that anybody is calling for,
whatever would serve healing, balancing, clearing,
learning and growing.

And I hear J-R saying, "Anything else?"

And whatever anything else is, that it's all is answered,
it's all brought forward into blessing.
So we can let go.
We can claim it, in the completion of it.
It is done spiritually.
And the most important quality is that we have acceptance.
We have openness and willingness to participate.
So we shift into that.
So there is perfect acceptance, perfect openness
and willingness to participate.
That whatever we don't know how to do of own accord,
our own ability,
whatever is unconscious, is a restriction or block,
we give it up.
We invite the light, the love,
this Holy Presence that is with us, to bathe us,
to surround us, to fill us up
so we are overflowing.
That we can find our alignment,
we can find our direction.
That from this point on,
we consciously know the way is prepared
all the way.
It is done.
We give thanks.

Baruch Bashan

MSIA Home Seminar
Santa Monica, California
October 27, 2015

Blessing of Resolution and Restoration in the New Year

Dear Lord we give thanks that You are in our midst.
That we fully acknowledge You,
that it means we open our consciousness to receive You in full.
That You come in the name of God.
That You come in that purpose of the divine nature of all.
That You give us the grace, the openness and
our creativity to choose back.
That we stand forward with our life.
That we bring it into full consecration
through our devotion and dedication.
Through our commitment that comes in our resolution
that our life is already solved.
It was solved from the moment we appeared in this world.

And so we are those who are claiming
that our lives are flourishing in Your blessings.
That we are instruments of Your divine
going into this world doing good works,
bringing forward those qualities that we know
as loving, caring and sharing.
That this is a year where we abound,
that our lives are a resounding joy.
That these blessings are expanding,
so there is health, wealth and happiness,
not just for each of us but for all.
That this planet can be restored in these blessings.
That this planet was created with flourishing from the beginning.
It was established like a great garden
where everything is thriving.
And we are those who are willingly attuning to this purpose.
In this moment, this day, this year, forever more.

Baruch Bashan

New Year's Resolution Workshop
Prana, Los Angeles, California
January 1, 2015

A Blessing of Trusting, Having Faith, and Letting Go

Dear Lord, thank You for Your blessing.
And for the opportunity to be open,
to let go,
and even if it's awkward or difficult to let go,
to trust, to have faith,
that your sense is,
"I don't know how to do that.
I just want to hang on,
and feels like what I have is at least desperately good."
There is such a thing.

Let go. Open up.
Bring in greater light and love right now.
And let's consider it is something you can breathe in
and you can breathe out.
That you can sense it.
You can send it.
So whatever comes into your mind now, bless it.
That you are a fountain,
a source of loving energy, healing energy.

Claim it, that whatever you see in your mind,
whatever comes to your mind,
is automatically blessed.
You can hear the words,
I bless you, I love you, I forgive you.
So help me, God.

Baruch Bashan

Afternoon of Blessings Workshop
Bellevue, Washington
August 8, 2015

Blessing of Anointing through the Traveler Consciousness

Lord God, through Your Christ
as it is anointed in each one of us,
as that flame, that we know as the Light,
as the illumination, that moves through all consciousness
illuminating our spirit and the presence of the Light and love for all.
That we are those who gather in Your name,
calling out in our dedication, as You have called us.
And we know that as coming home,
that there is a rejoicing as we open our consciousness in Spirit,
that can be heard and seen and felt.
That we take hold of it here.

We are those anchoring into this place, into this time,
right into this point here and now.
That this is a blessing through the Traveler consciousness on all levels,
with those who are the initiates and ministers
of God's love, light and sound.

In your silence, we behold forever, forever and ever.

And as we are amongst the beloved here, let us connect one to one,
again and again to Your eternal spark
that is the divine nature in each and every one of us.
That we connect to this blessing going forward into the world.
That we are invoking this presence
that has been the spiritual promise in this day all the more.
And we know that this is done in Your grace and all the compassion,
that we are released from the limitations
that we know as the karma and as the darkness.

In Your light, in Your love, we celebrate.

Baruch Bashan

All Organizations Representatives Meeting
Westlake Village, California
July 3, 2014

Blessing of Being Entrusted with Greater Peace

Our heart is a very deep pool of calm, the kind that has still waters.
And that these still waters have no bottom.
So in you is a very deep, powerful calm.
And however you see this, see spiritual support coming to you.
That the Traveler placing loving support upon you
in your peaceful nature.
And that as you are willing and open,
the invitation has already been here this evening,
set aside any judgment, any cause of againstness.
That can be subtle and slippery.
Sometimes it comes as jealousy, envy,
for not wanting to celebrate someone else's victory or overcoming.
Let us also develop our power,
not just look for the good in the way we approach our life
to easily, directly, powerfully be shown the good.
That we become that force who knows the good
in every one and every thing.
See yourself go from this place.
I invite you to consider the place where you live,
wherever that may be, that in that place,
you're bearer of that peace.
That you place it in how you stand,
how you walk, how you breathe.
That you are a living column of light.
And in your presence, people become calm.
They put aside causes of difference and separation.
They open up to understanding, to good will,
through willingness to put aside what has occurred
in the past that in some ways may still hurt.
Wherever there is suffering, that in this peacefulness,
we bring comfort.
We bring the letting go of the disturbances.
And we see ourselves all around the world,
in the power of this peace blessing it only takes one.
So wherever you are, you're all the power of peace that is needed
because it's within you,
and it's present regardless of any circumstances or situations
that you encounter.
So you are being entrusted with this greater peace
and the ability to take it into the world.
To let it be written about in your life.
This is one who carries the consciousness of peace in all ways.

Baruch Bashan

IIWP Gathering of Peacemakers
Los Angeles, California
July 3, 2014

Blessing of Holding with the Light of Transformation

Thank you, Lord, for Your grace,
for calling upon us to come into the sacred,
to be an anchor, a powerful column of light in this home
established by the Traveler for the Traveler with the Traveler.
So that we may beam this energy field into the world continuously.
So we never tire. We never cease. We never slumber.
We never sleep in this consciousness of light and love.
That this is a place where the Christ is an eternal flame
for all to witness.
That we too take this moment to put aside any form of aggression,
any form of hatred
and the seeds that are judgments, resentments, fears, doubts,
whatever the negative power would feed or has instilled within us
at any time in our existence,
that this is placed into the Christ beloved,
into the forgiveness of the Christ.
So we fully accept this Christ action through the forgiveness,
through the letting go.
And we take it up into the higher consciousness
so that it is transformed,
it is purified, it is burned away,
so the materiality is refined and refined and refined.
That we hold our place with this action is the turning point
for the Christ.
It may reign whole and free, recognizable.
And that the eyes, and the ears to see and hear are awakened,
with the senses of the Christ are awakened.
That we hold for this action and the Holy Spirit
to come into each consciousness.
We know it as the taking of whatever would be a force
or an instrument of aggression and violence,
that it would be transformed
into what is uplifting, harmonizing, liberating.
That we are those holding for the transformation
into what is of a heavenly nature.
And we realize as we look into the spirit,
this is joyful, this is peaceful,
full of good and goodwill and peace toward all,
that may reign as a blessed loving action forever more.

Baruch Bashan

Prana, Los Angeles, California
January 13, 2015

Embrace of Peace Blessing

Dear Lord, we welcome Your presence.
We honor Your presence with us.
In our heart of hearts, we know we can trust You fully.
That You bring the light. You bring love and understanding.
You bring the peace.

And in this presence, we can feel it.
We can feel it as an energy that moves us right now.

So in your awareness, be with the peace, the energy.
You may feel it as a sensation.
Maybe it's what you hear, a sound.
That sound may be kind of music.
All of the senses can be in harmony.

And in this Holy Presence that we invoke
for the highest good of all concerned,
we bring forward that consciousness
that is the Christ and the Holy Spirit.
The consciousness that transcends all negativity
in the power of the supreme God
that can move all the energy into the oneness that is love.

For each of us, we are called in to a letting go and releasing.
And we find our openness. We find our forgiveness.
We find we are touched by a presence.
It can be a real presence, like a hand is upon you.
That you are in the embrace in a consciousness
that knows everything about you.

So even what is of the darkest nature, the most disturbed nature,
we are in the loving embrace.
A healing embrace that moves any energy into tenderness,
into softness, into comfort,
into the peace that is complete rest, serenity.

So whatever has been your disturbance, as any form of threat,
a sense that you are harmed or would be harmed,
even if it is the harm that you have done or perpetuated,
in this embrace it is released.

You may be aware of a resistance,
a sense that there is the unholy or the unforgiven.
And this embrace stays with you.
It penetrates the hardest place, the darkest place.
What you begin experiencing is that you are uplifted,
that this is a power beyond what you could do
to stop it or resist in any way.

You may sing in the way that calls to God,
that is the holy name of God.
It's your prayer to God.
It is the consciousness of mercy, that complete loving,
and it holds and it endures past whatever would be
the cessation of againstness.

You may realize your prayer is being answered.
And as you respond to this Holy Presence,
it releases whatever has been the judgment,
the dishonoring, the harm, any form of againstness.
You are set free.
You are released from any form of bondage.

You are in the Light, the Holy of Holies.
The presence sent by God, forever and ever.

You are in the presence of the Beloved.

Peace is Present Workshop
Prana, Los Angeles, California
August 16, 2016

Blessing into the Calling of the Divine Presence

Let's see what blessing shows up.
And when you do that adjustment that some of you just did,
it does actually open it up.
That we can make ourself more available,
more attuned to the blessings that can come manifest
from the unmanifest.

Thank you, Lord.
Thank you that once again we are those who are called
into Your presence, into the divine nature.
So we come in to it as Your gathering,
Your calling, that all of us gather here,
here in this seminary moving through the study of peace
and greater understanding in this world.

So we are learning the lessons of our soul
and the awakening of our soul consciousness,
so we may traverse all of what has been prepared,
and all the conditions that remain in our individual lives in this world.
That we anchor this through the light that is the Christ,
and that presence we also know as the Holy Spirit.
And in the higher states,
we know it is the Traveler Consciousness,
extending from the heart of God,
into all of the Creation, that's the presence of the Divine.
That we are each to lift up,
and in our openness we find we are called into the way,
to become the way.
This way is for the Beloved.

We give thanks that You reveal to us that there is protection.
This calling is sacred,
for those who are choosing to let go of anything less than God.

You make it simple.
We let go of anything less than good.
That we no longer entertain the illusions,
the false nature that entertains destruction, disturbance,
pain and suffering.

The nobility of this consciousness of the Beloved
is in the truth that is loving and the loving that is truth.
And so we are sturdy. We are capable.
We are anointed of this purpose.
And we are going higher.

You present to us a vision in the highest plains and highest conditions
that then become what we know as the presence of God.
And the presence of the heart of God.

We know it as a celebration.
We experience it in the sounds, the singing, what is dancing,
what is releasing freedom in every way,
and coming once again into the simplicity of this moment,
that all is prepared this day.

We are beloved of God.
Baruch Bashan

Seminar on the Theme of Divine Presence
Weston, Florida
January 14, 2017

Blessings with Friends in Spirit

Lord, bless every one of us
and all who are on this path that we know is a path
in the Christ and the Holy Spirit,
and wherever You take us,
like down the block, into what is prepared.
That we ask for the blessing, we seek the blessing,
and if it's not found, we bring the blessing.
So wherever we are,
You are with us in Your kindness,
Your sweetness, Your joy and harmony.
And so this day, we let go once again.
We give thanks that we have chosen into this path
You've placed before us with the Traveler into the heavens.
And so we are sanctified.
And we give thanks for those who have prepared the way,
particularly those we know as our friends in Spirit.
And that we may consider ourself
as one who is Your friend in Spirit
and in this world forever more.

Baruch Bashan

Doctoral of Spiritual Science Class
Prana West, Los Angeles, California
February 4, 2017

Blessing of a New Day with the Lord

Thank you, Lord, for gathering us here
as those doing Your work.
We are those called into the Traveler's works in the world
to the various ways that is taking place,
the organizations involved, the people involved.
And especially those who are called being forward
to receive and partake in what we are doing.
That we ask for Your guidance and direction
be revealed and prepared
in perfect ways and perfect timing.
And that we also open ourself up
so we let go of what is not necessary,
particularly in any ways that might be
hurt feelings, resentments, judgments,
anything especially from the past.
That we can have Your grace, Your upliftment,
so that's it's gone.
It's cleared, healed.

There's a new day here, full of Your joy,
full of Your kindness and mercy,
full of Your inspiration that we are all charged
and invited to even greater blessings.

Baruch Bashan

MSIA Staff Meeting
Prana, Los Angeles, California
March 22, 2018

Greatest Blessing Ever

Lord, we ask for Your strength, Your ability,
Your willingness that is Your will,
eternally for all of Your creation, that it's in full.
That we are partaking fully,
we are expressing fully in all of Your greatest blessings,
that it is becomes one blessing
that is eternally present for all of us,
that every moment is a new opportunity
into the greater blessings
and that is no contradiction.
That's how it's always been.
That this is a movement of greater blessing.

And so we are in the creation that transcends
where we are now in this world.
We are transitioning, we are transforming,
we are going ever higher in the consciousness of Your creation.
That's been called the heart of God.
That we know those keys are safe and secure always in Spirit,
and always awaiting as we choose freely as we are now,
that each one of us is being counted
that we are extending our affirmation, our confirmation.
That we speak to the great I am as the I am.

We are resonating with the Great Master,
that consciousness of the Beloved that is a friend,
so we can see eye to eye,
that we embrace fully
and we also extend into this world
so what we are calling forward spiritually
can be made manifest in this world.
And it would be any one of us
for all of us are being delivered with this key.

We know through our beloved Traveler,
anointed as the Christ,
standing in what is prepared a
s that place in Spirit that is sacred,
being revealed to each one,
in that way that is playful and joyful.
So we are fully in our child nature, innocent, pure,
and we hear Your laughter and our laughter.

So it is a chorus of laughter, a chorus of joy.
It's a great vision of what has already become.
That as we can in any way behold this
and see this as the great vision that's always been true,
we can express in this world
even for just one brief moment.
And in that moment is the eternal truth
that Your love is always with us.
That everything is just fine.

Baruch Bashan

MSIA Staff Retreat
Prana, Los Angeles, California
January 10, 2018

Blessing of All of the Creation

Thank you, Lord,
for preparing the way for all of us one more time,
and that You bring us in.
And You also allow us to bear witness
to what You are doing in our midst,
so we can actually see You doing the work,
preparing the way and also clearly calling us forward
so we are those actively doing the work,
doing it in ways that we know are completely attuned
and alive in Your presence.
We give the praise all the way to the source we know as God.
And we also recognize and acknowledge our choosing back,
our commitment our dedication,
that we become one with You in this work,
that it is the love of God
and the love of God that's shared with all the creation.
We see this in a very beautiful way.

Thank you.

Baruch Bashan

MSIA Inter-Department Meeting
Prana, Los Angeles, California
March 22, 2018

Blessing for the End of the Day

Father-Mother-God,
I ask that you allow me to take the peace of the day
and let go of what isn't peace.
May I only take in the peace and breathe out peace.

I ask that when I go to You in my sleep,
if I am to return,
may I return full of Your love, peace and light
to radiate and share with the world.

I ask this for the highest good of all concerned.
So be it.

Baruch Bashan

Walking in the Light Workshop
Norwalk, Connecticut
May 11, 2008

Blessings Resources

Books:

The Blessings Already Are by John Morton
You Are the Blessings by John Morton

DVD/CD:

Blessings This Day

Daily Blessings:

Blessings Here and Now Daily Emails
English, Spanish, Bulgarian, French

Email Classes:

You Are the Blessings – *PTS Email Class*
The Blessings Already Are – *PTS Email Class*

On-Line Videos & Workshops:

Blessings of John Morton

An Afternoon of Blessings Workshop with John Morton

Evening of Blessings with John Morton

Harvesting the Spiritual Blessings with John Morton

Blessings Here and Now Seminar with John Morton

Additional Resources

Many of the blessings and quotes in this book were excerpted from the greater body of John Morton's work. Some of John's other works, such as audio and video seminars, were done in conjunction with John-Roger (J-R), Founder of the Movement of Spiritual Inner Awareness.

The work that John Morton does, and J-R before him, is an expression of a spiritual consciousness referred to as the Mystical Traveler. The blessings and teachings come from that source, and both John and J-R have their own unique way of presenting this special information.

If you've enjoyed this book, you may want to explore the teachings more deeply through the Movement of Spiritual Inner Awareness (MSIA), where John Morton serves as Spiritual Director. We suggest the following resources.

SOUL AWARENESS DISCOURSES
A Complete Home Study Course for Your Spiritual Growth

The heart of John-Roger's teachings, Soul Awareness Discourses, provide a structured and methodical, approach to gaining greater awareness of ourselves and our relationship to the world and to God. Each year's study course contains twelve lessons, one for each month. Discourses offer a wealth of practical keys to more successful living. Even more, they provide keys to greater spiritual knowledge and awareness of the Soul.

A yearly set of Discourses is regularly $100. MSIA is offering the first year of Discourses at an introductory price of $50. To order call MSIA at 323-737-4055 or fax: 323-737-5680 or go to the online store at www.msia.org/store.

SOUL AWARENESS TEACHINGS (SAT)

These CDs/MP3s provide a new talk by John-Roger every month on a variety of topics, ranging from practical living to spiritual upliftment. In addition, SAT subscribers may purchase previous SAT releases.

$100 one-year subscription

To order call MSIA at 323-737-4055 or fax: 323-737-5680 or go to the online store at www.msia.org/store.

LOVING EACH DAY

Loving Each Day is a daily e-mail message from MSIA that contains an uplifting quote or passage from John Morton or John-Roger, intended to inspire the reader and give them pause to reflect on the Spirit within. Loving Each Day is available in four languages: English, Spanish, French, and Portuguese.

A subscription is free upon request.

To subscribe, please visit the web site www.msia.org or fax: 323-737-5680.

MSIA LIVESTREAM SEMINARS AND WORKSHOPS

John Morton presents workshops and seminars on the internet which can be accessed by visiting www.msia.org/livestream. Recordings are available at www.msia.org/videos

DVDs/MP4s

The following are audio and video recordings of some of the lectures and classes John Morton has presented:

Who Am I?

Playing A Round with God?

Moments of Peace—Sending Light and Peace Around the Planet

Everyday Soul First Blessings What Has The Greatest Value?

Loving For All

The Law and Spirit

What is Perfect Alignment?

Confronting Peace

CDs/MP3s

Listening for the Lord
Gathering of Peacemakers (with Leigh Taylor-Young)
1000 Ways to Happiness and Healing
The Sacred Sanctuary Inner Worlds of Meditation (with John-Roger)
Words of Comfort for Challenging Times (with John-Roger)
Money: The Great Mirror of Consciousness

About the Author

John Morton inspires and educates people around the world on the teachings of the spiritual heart and recognizing the blessings in all situations. He serves as Spiritual Director of MSIA, anchors the Mystical Traveler Consciousness and guides those on the path of Soul Transcendence. John is an accomplished author, masterful facilitator, and loving friend to all.

John was born in 1951 in Las Vegas. His family traveled quite a bit throughout his childhood for his father's career in the U.S. Air Force. John excelled at academics and sports. He discovered a great love and appreciation for nature and chose to earn a degree in Renewable Natural Resources, leading him to a serve as a Park Ranger in California. He went on to earn a Masters degree in Counseling.

His exploration of meditation and spirituality brought him to meet John-Roger. Soon after taking a heart-opening seminar with Insight Seminars, he showed up on John-Roger's doorstep, ready to serve in whatever way he could be used for the highest good. John spent many years assisting and traveling with John-Roger, facilitating for Insight Seminars, developing and leading spiritual workshops, seminars, and retreats for MSIA, and doing good works for organizations devoted to spirit, peace, and the awakening heart. In 1988, John Morton received the "keys" to the Mystical Traveler Consciousness from John-Roger.

John is the author of two books: *The Blessings Already Are* and *You Are The Blessings*. Both books offer practical and inspirational passages on finding the blessings in everyday life.

For over 40 years, John Morton has been committed to the work of John-Roger and Soul Transcendence. He travels extensively throughout the world with his wife Leigh Taylor-Young Morton, leading workshops and retreats, and giving seminars, lectures, and media interviews. His tireless dedication is remarkable and a true gift to all who experience his loving and generous heart.

In addition to serving as Spiritual Director for MSIA, John currently serves as Spiritual Director of several other organizations founded by John-Roger, including: Peace Theological Seminary & College of Philosophy, HeartFelt Foundation, Institute for Individual and World Peace, and Insight Seminars. He is also the Spiritual Director for the EduCare Foundation. In addition, he serves on the Board of Directors for Insight Seminars, as Chairman, and for the University of Santa Monica of which he is Chancellor.

John has two children and enjoys sports, most especially golf. John is married to fellow Minister and Emmy Award-winning actress, Leigh Taylor-Young Morton, and when not traveling they reside in Southern California.

We welcome your comments and questions.

Contact us at:

MSIA
P.O. Box 513935
Los Angeles, California 90051-1935
323-737-4055
order@msia.org
www.msia.org
Instagram: @msiaorg